

Understanding Your Business Strengths Exercise

The Personal Business Strengths profile is a self-assessment tool designed to enable you to better understand your strengths, by reflecting back a profile via the answers given. The tool is particularly valuable if used as part of personal development/career conversation.

Area	Questions	Personal Reflections
1. My hobbies and interests, clubs, voluntary work	What subjects interest me? What do I know about?	
2. My career industry experience	What industries and market sectors do I know? What contacts do I have that will help me extend my business knowledge and personal profile?	
3. Do any industries/sectors particularly interest me?	For example: energy, food and drink, marketing, automotive, infrastructure, construction, retail, finance, leisure/sport, medical/health, armed forces, utilities, property, travel, public services, government, technology, education	
4. Career business dealings and relationships experience	What level can I operate at (the level of person I'm dealing with: Manager, middle-manager, executive, director, CEO?)	
5. Career business scale experience	What business size (£/\$ can I handle? 10k,100k,1m,10m,100m,1bn?Employees: 10's,100's,1,000's or10,000's?	
6. Financial understanding	Do I understand: sales revenues, costs, gross margin, contribution, profit? The P&L a/c, balance sheet, cashflow?	
7. My know-how, education and qualifications	What subjects do I know well technically, and/or have a professional qualification?	
8. My expertise and strengths	What do I bring to the organisation/ what strengths do I personally contribute (strategic thinking, influencing, ideas, analysis)	

Questions 1-8 indicate the type of business focus that will best suit your skills, knowledge and experience. Summarise key headlines here and consider any priority development areas.



Area	Questions	Personal Reflections
9. My personal effectiveness	What am I best at (in order, best first): relationships with people, working to a process, getting details right, getting	
10. My communicating style	results regardless? How do a prefer to communicate? Face to face, in writing, on the phone? One to one, to small numbers, to a large group?	
11. The function I identify with	Sales, Marketing, IT, HR, Finance, Operations, Production, Technical, R&D, the CEO	
12. What makes me feel energised?	Anything name it	
13. Am I reactive or proactive?	There's no right or wrong answer	
14. Am I starter or a finisher?	There's no right or wrong answer	
15. Team-working style	Do I tend to tell, sell, participate or do my own thing?	
16. What I want most in my career	To make a difference, earn X salary, lead others, create products what legacy do you want to leave behind	

Questions 9-16 highlights your working style and preferences, and provides pointers for exploring and/or discussing personal development, style, career path and possible conflict issues. Summarise key headlines here and consider any priority development areas.